

DO YOU WANT YOUR VOICE TO BE HEARD?

Hey you!

Are you between 12 and 18 years old? Do you like talking about mental health, school/sports stress, racism, sexism, boundaries and consent, bullying, friendship challenges, or other hot topics that most young people don't like to discuss? Do you have thoughts and opinions that you wish your peers would listen to? If so, then read on!

Dr Hayley Watson (Clinical Psychologist, Filmmaker, School Program Developer) and her team are looking for youth to share their perspectives and join their crew of Superstar Youth Role Models featured in the Open Parachute School Mental Health Program.

You must be:

- Open to discussing personal topics
- Interested in helping others
- Self-reflective
- Happy to be filmed on camera

Our team at Open Parachute needs you – yes you – to help hundreds of thousands of students around the world learn skills for overcoming personal challenges, and becoming awesome individuals!

What you'll do:

- Have an initial phone conversation with Dr Hayley to discuss the project
- Get parental permission (unless you are 18)
- Schedule a time to be filmed – either on your own or with your friends (at a location you choose, between Dec 1 - Dec 20, 2021)
- Have a chat with Dr Hayley about real topics while being filmed by a professional film crew
- Get paid \$50

Like what you see?

If you're thinking: "This is totally me!" then be sure to get in touch. Even if you're thinking: "This definitely could be me!" get in touch anyway – we love all kinds of voices.

We can't wait to meet you!

Contact Us!

Call or SMS: 0404612312

Email: hello@openparachuteschools.com

Dr Hayley Watson is an Australian/Canadian Clinical Psychologist who has been developing programs for youth globally for the past 15 years. She has a PhD in School Bullying Interventions, and creates youth mental health documentary films. Her school mental health programs are supporting over 250,000 students in 5 countries. Find out more: openparachute.com.au

